Monday, March 10, 2014

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TORONTO metro®

JUICY J'S HUSTLE UP THE CHARTS

RAPPER CALLS COLLABORATORS KATY PERRY, MILEY CYRUS GENIUSES. IN OTHER NEWS, HIS TOUR'S CALLED 'NEVER SOBER' PAGE 12

Have you ever seen $6.5M ... on weed?

Pair suing feds for 40 years worth of medical marijuana as prices expected to blow up after rule change PAGES 6 & 7

'I'm not going to be bullied into silence'

City suspends woman from work after she reported a colleague allegedly exposed himself to her PAGE 4

Interpol knew of stolen passports

No country checked the agency's database on lost documents before Malaysia Airlines flight PAGE 8

NEWS WORTH SHARING.

CRONENBERG FETED

Actress Maria Bello and director David Cronenberg share a happy moment at the Canadian Screen Awards in Toronto on Sunday. The Academy of Canadian Cinema and Television presented the heralded Canadian director with a lifetime achievement award for "exceptional contribution to the Canadian film and television industry." More CSA winners, page 12. FRED THORNHILL/THE CANADIAN PRESS

T.O. photog killed in Syria blast mourned

Ali Mustafa. 29-year-old was killed Sunday in a bombing by the Syrian government: Activists

Beneath Yonge-Dundas Square, more than 100 mourners clutched candles, waved flags and comforted each other as they grieved for a Toronto freelance photographer killed in an explosion in Syria on Sunday.

Ali Mustafa, a freelance photographer who was documenting the horrors of Syria's civil war, was killed in the northern city of Aleppo by a bomb dropped from a government aircraft, activists said.

Justina Rosa Botelho, the sister of Ali Mustafa, confirmed her 29-year-old brother's death after activists sent her a photograph of his corpse.

"He just wanted the world to know about human rights and all the horrible things going on down there," Botelho said in a phone interview with The Associated Press. "He was passionate for the world to know."

Born in Toronto to Egyptian and Portuguese immigrant parents, Mustafa had been in Syria since early February.

Syrian-Canadian Maher Azem, who organized the Sunday night vigil in downtown Toronto, first met Mustafa in 2012 when the Canadian photographer was in Egypt covering the revolution.

Mustafa first visited Syria in March 2013. Azem said Mustafa had returned to the country because he was driven by a desire to communicate the suffering of the people caught in the violence to those back in the West through his photography.

TORSTAR NEWS SERVICE
WITH FILES FROM THE ASSOCIATED PRESS

Reporters at risk

Syria is the world's most dangerous conflict zone for reporters. Since the Syrian uprising began in March 2011, dozens of journalists have been kidnapped or killed by both forces loyal to President Bashar Assad and rebels seeking his ouster.

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Immigration

Removing criminals from Canada slow going, data finds

More than 250 "serious criminals, war criminals and human rights violators" are living among us as their files sit in the immigration minister's office for a final decision on removals.

According to government data obtained by Torstar News Service, about 150 of these foreign nationals have been granted refugee status but were deemed inadmissible and thus unable to become permanent residents, because the government believes they were involved in serious criminality, international human rights violations or threats to national security. All are waiting for a "danger opinion" from the minister.

Last May, Jason Kenney, then immigration minister, took the unusual step of publicizing the deportation of Mahmoud Mohammad Issa Mohammad. A convicted Palestinian terrorist, Mohammad had lived in Canada since 1987 as a permanent resident and was deported to Lebanon.

While Kenney blamed flaws and loopholes in the system for allowing the 70-year-old man to avoid deportation, Mohammad's lawyer later told the media her client's file had sat at the minister's office for eight years.

TORSTAR NEWS SERVICE

Jason Kenney THE CANADIAN PRESS

Even super villains need to look good

Alanna Smith of Ajax, in costume as super villain Harley Quinn, checks her makeup while her friend Rachel Richardson of Oakville, dressed as Cersei Lannister (from Game of Thrones), looks on Sunday at the Toronto Comicon Fan Expo in the Metro Convention Centre. The three-day Comicon drew a strong following of sci-fi, comic book and fantasy/adventure fans, highlighted by Continuum star Rachel Nichols hosting an exclusive screening of the Season 3 premiere on Sunday, followed by a Q&A session.

CHRIS SO/TORSTAR NEWS SERVICE

In death, organ-donor advocate becomes donor

Achieving milestones. The 29-year-old woman 'didn't let anything hold her back' up until she was placed on the organ-donor list

Chrissy Girdharry did not get the lung and liver transplants she needed to survive.

But in her death, she herself became an organ donor — a fitting end for a woman who spent countless hours raising awareness about the importance of organ donation.

"She was ill from the day she was born," recalled her mother, Vicky Girdharry, just days after a memorial service for her daughter, who died last month at age 29.

"She was born Feb. 14, and she came about three months early and was born with CMV hepatitis. At the age of four, she had a liver transplant and for 20 years she did really well … it was only in the past three years we discovered she needed another liver transplant and double lung transplant."

Complicating the situation was that the transplants had to be done at the same time, with organs from the same donor. She also had a rare blood type, so her chances were slim.

Chrissy Girdharry
TORSTAR NEWS SERVICE

Up until Girdharry was placed on the organ-donor list, she "didn't let anything hold her back," said her mother.

She went to school, graduated from college, worked and travelled. "She went to California, Mexico, Florida, Newfoundland. The Dominican Republic was her last trip, that was three years ago."

Even when placed on the transplant list and not allowed to travel more than two hours away, "that didn't stop her — she would go up north and have fun with her friends … she did a lot of Niagara Falls weekends with her friends and a bit of camping in the summer."

Girdharry died Feb. 17 in a Brampton hospital.

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Suspended city worker 'not going to be bullied'

Punished for speaking out? Woman penalized for comment leading to male colleague's alleged exposure, 'violation'

A city employee has been suspended from work for five days after she complained that a male colleague unzipped his pants and rubbed his body against her in the lunchroom.

Susan Rose, a maintenance worker with Toronto's parks and recreation department, filed a workplace harassment complaint last summer following the incident, which prompted a five-month internal investigation.

Rose, who has worked for the city for 17 years, learned last week she would be suspended from her job over a comment she made to the employee before the encounter.

In a signed statement submitted during the investigation, Rose said the lunchroom incident occurred when she was joking around with the long-time colleague during a shift in Sunnybrook Park, near the Toronto hospital of the same name.

The colleague said something to her, which Rose couldn't recall afterward, and she responded by saying, "I will punch you in the dick" — a comment she acknowledges was inappropriate but says was typical of the sort of banter that is common and accepted in her work environment.

City employee Susan Rose
TORSTAR NEWS SERVICE

According to Rose, the colleague then became aggressive, saying, "Do you want to punch me in the dick?" and began to unzip his pants and walk toward her.

Rose said in the statement she turned her head and grabbed the arm of another employee sitting next to her. The alleged harasser's "body was touching mine," Rose said, and afterward a third employee told him to wash his hands.

In an interview with Torstar News Service, she described the alleged incident as traumatizing.

"He violated me and he deliberately degraded me, and he got violent with me," Rose said.

She said her suspension is completely unjustified and she has already taken steps to grieve it.

Rose, who believes her employer will seek to further reprimand her for speaking to press, said she is not afraid.

"I'm not going to be bullied into silence," she said.

TORSTAR NEWS SERVICE

Piano Man sings us a song

Billy Joel thrilled a capacity crowd at the Air Canada Centre on Sunday night for more than two hours, performing the hits from a daunting musical catalogue, more than 40 years in the making. Many of the faithful sang along with Joel for a large part of the evening.

TOM PANDI/FOR METRO

'It's her legacy': Father

Young fire victim's organs donated

A devastating Dovercourt Road apartment fire that claimed Katie Charron's life has saved five others.

The 21-year-old woman's organs were donated on Saturday morning at Mount Sinai Hospital, where she was declared dead a day after firefighters pulled her unconscious body from the burning, second-storey unit she shared with three of her best friends, only one of whom survived.

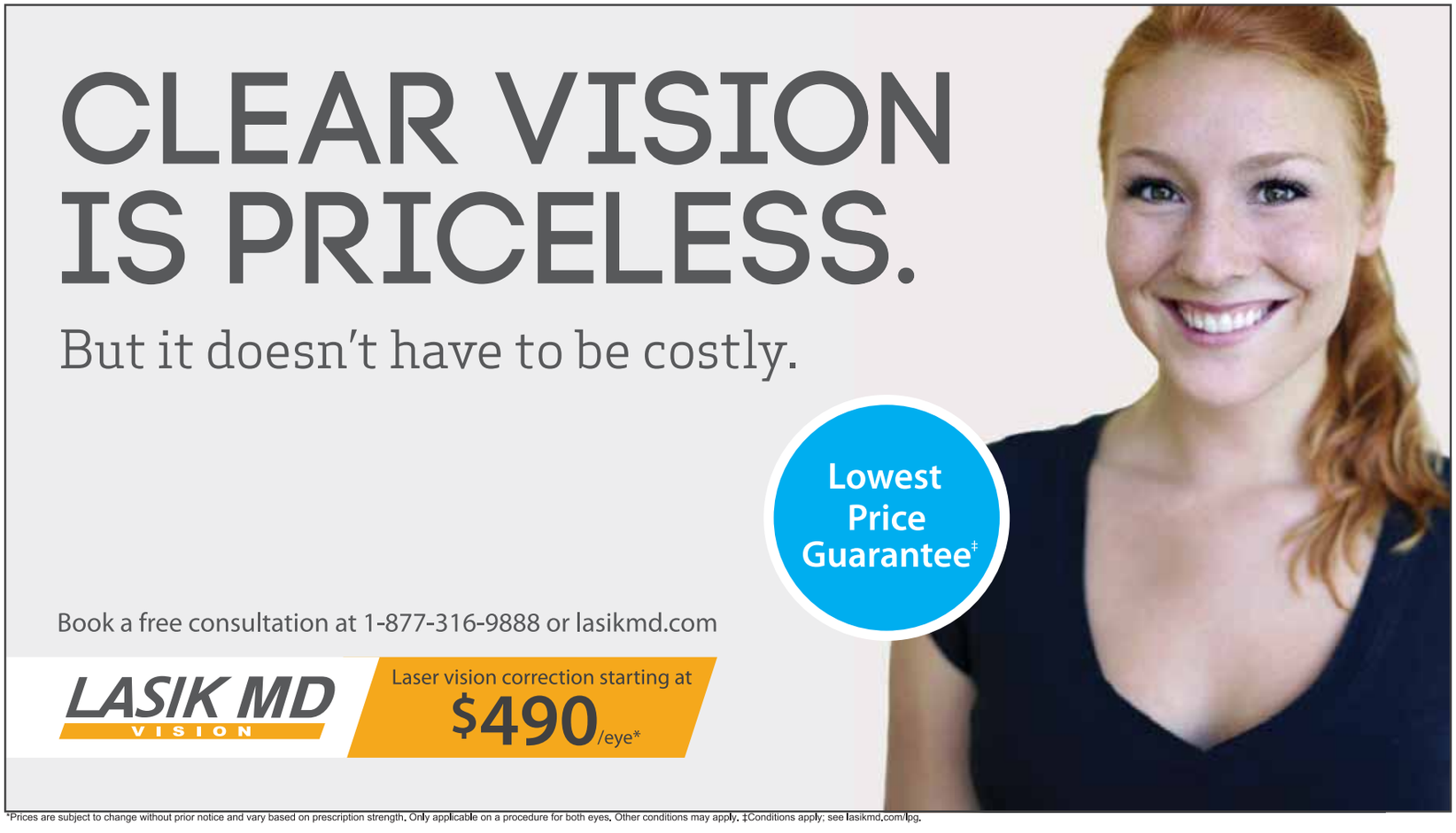
TORSTAR NEWS SERVICE

Police seeking tips

Tibetan party turns into brawl

One man is dead and another injured after a double stabbing during a brawl on a Toronto street.

Police say they were called early Sunday to a large fight at the Tibetan Canadian Cultural Centre in the city's west end (Islington Avenue and Norseman Street). THE CANADIAN PRESS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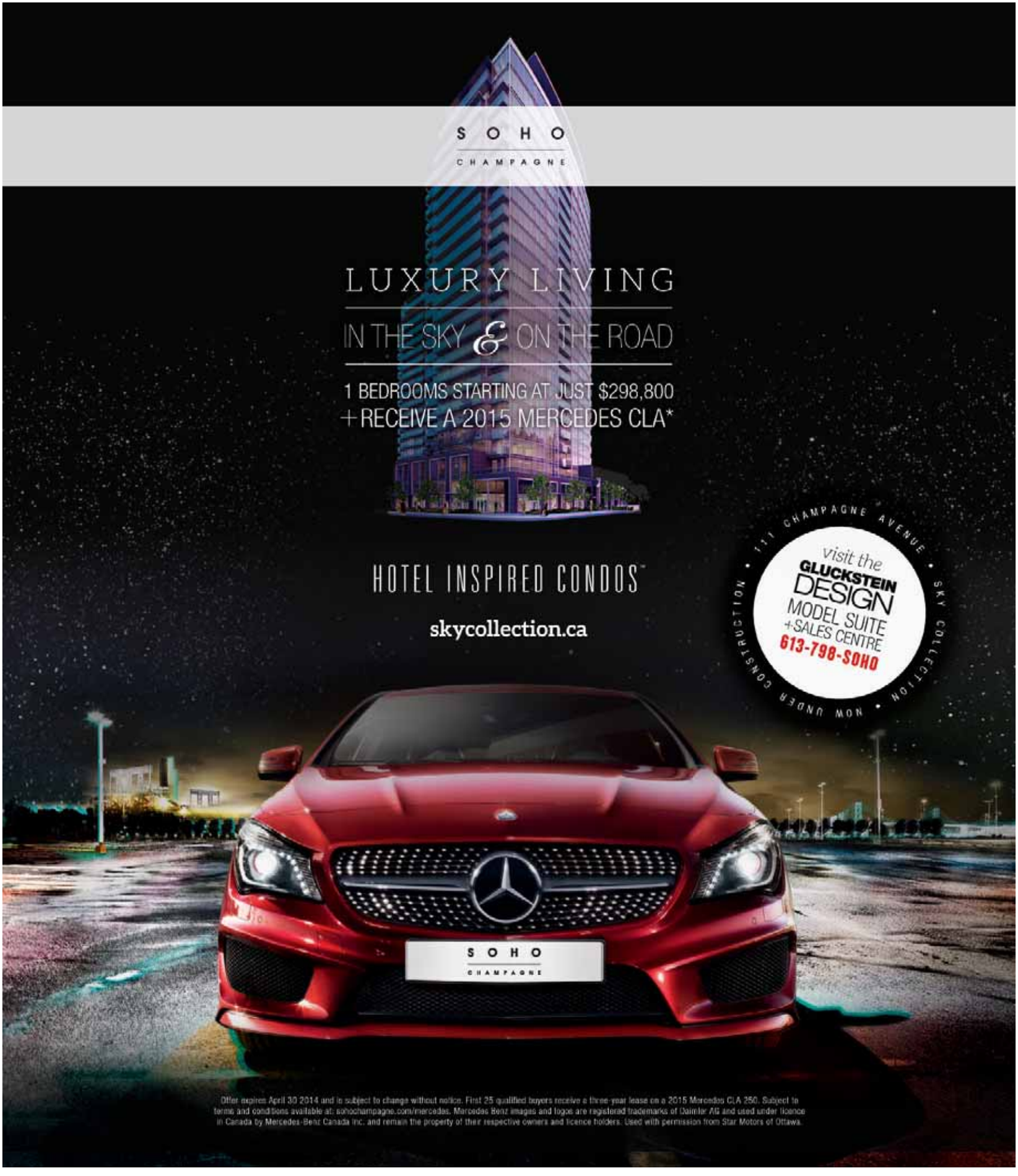
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Former head of Quebecor to run for PQ in provincial election

Media baron Pierre Karl Peladeau shook up the Quebec election campaign on Sunday, announcing he's decided to run for the Parti Québécois.

Flanked by PQ Leader Pauline Marois, Peladeau told a news conference he's worked to build up media giant Quebecor over the past 25 years and now wants to devote himself to public service.

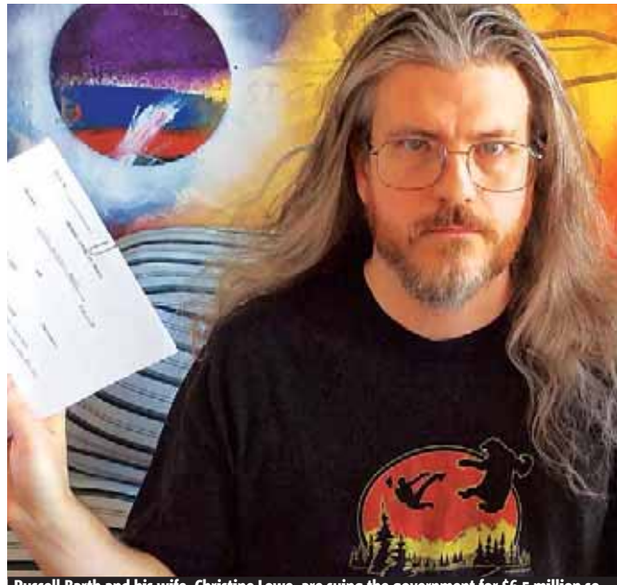
He said his dream is to help Quebec become a country.

"Quebec has all the means to succeed. We have financial resources, we have human resources, we have natural resources," Peladeau said in Saint-Jérôme, north of Montreal, where he will run for a seat in the April 7 election. "We've got everything for a country to be alive and kicking."

Peladeau rejected suggestions his entry into politics could represent a conflict of interest, given his presence in the province's media landscape.

THE CANADIAN PRESS

Pierre Karl Peladeau in Saint-Jérôme, Que., on Sunday. THE CANADIAN PRESS



Russell Barth and his wife, Christine Lowe, are suing the government for $6.5 million so marijuana access regulations. CONTRIBUTED

Couple suing for pot worth

Medical marijuana. With prices expected to skyrocket under new rules, an Ottawa man and his wife want the feds to cover them for a 40-year supply

TREVOR GREENWAY
Metro in Ottawa

An Ottawa couple who uses medical marijuana are suing the federal government for a combined $6.5 million — a projected figure of what it will cost them to stay medicated for the next 40 years when Health Canada changes rules to its medical marijuana access regulations.

Russell Barth consumes about 16 grams of pot every day to manage pain related to his fibromyalgia symptoms, as well as post-traumatic stress. Barth and his wife, Christine Lowe, who suffers from epilepsy, say they have a designated grower, an arrangement that allows them to stay medicated for far less than it will cost them under the new rules.

While he did not disclose how much he spends a year, he said a friend of his grew a year's worth of marijuana in a single summer at a cost of $500.

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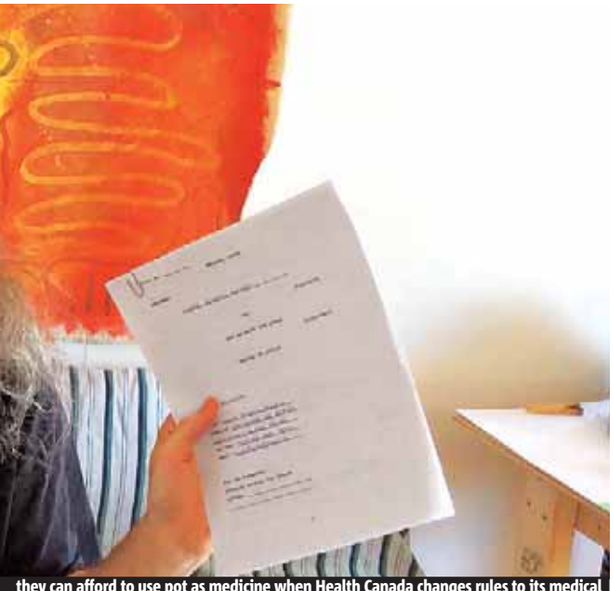

they can afford to use pot as medicine when Health Canada changes rules to its medical

government $6.5 million

ges come into effect at the end of the month, Barth and his wife won't be able to afford the up to $15 a gram they will be forced to pay from commercial growers. The changes will also force Barth to destroy all the pot he already has — about 78 plants and 3.5 kilograms of dried marijuana that he says is worth more than $130,000.

His statement of claim gives the Crown three options: Remove cannabis from the Controlled Drugs and Substance Act (CDSA) for everybody, grant him and his wife an exemption from the CDSA or pay them the money so they can afford to medicate themselves in the future. Ideally, Barth wants marijuana to be legal for everyone. He sees a market of cheap or free pot under those circumstances.

"Pot should be sold in supermarkets," he said. "Pot should be as legal as coffee and chocolate, not tobacco and alcohol."

The new rules, which come into effect March 31, will no longer allow medical marijuana patients to grow their own pot or use designated growers.

Instead, patients will have to buy from licensed large-scale producers at a much higher cost, and that doesn't sit well with Barth.

"It's absolutely terrifying," he told Metro Sunday.

"Every day I feel like I am wrestling with a robot."

9 Lev Tahor members return to Canada

Police say nine members of a fringe Jewish sect who left the country amid child custody proceedings only to be stopped in Trinidad and Tobago have now been returned to Canada.

Peel police Sgt. Dave Housdon says the Lev Tahor members landed at Toronto's Pearson International Airport Saturday night, and the six children were placed in the care of the Children's Aid Society. The three adults were being processed by the Canada Border Services Agency, he added.

A spokeswoman for the agency said CBSA "continues to work closely with local law enforcement agencies on this case," but wouldn't say whether the three had been released.

At least two Lev Tahor families left Canada for Guatemala last week, but some of them were stopped in Trinidad.

Early last week, an Ontario judge issued an emergency order that 14 Lev Tahor children be placed in the care of children's aid, but police said Thursday that most of the children had left the country.

About 200 members of the sect — 114 of them children — settled in Chatham, Ont., last year after uprooting from Ste-Agathe-des-Monts, Que.

Child-welfare authorities in Quebec spent a year investigating issues related to hygiene, health and allegations that the children weren't learning according to the provincial curriculum.

Late last year, a Quebec court ordered that 14 Lev Tahor children be placed in foster care.

The group has denied all allegations of mistreatment.

THE CANADIAN PRESS

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A relative of passengers aboard a missing Malaysia Airlines plane. ANDY WONG/THE ASSOCIATED PRESS

Interpol knew of stolen passports

Malaysia Airlines. Interpol has sounded an alarm on this for years; it has 40 million stolen or lost travel documents on file

Interpol knew about stolen passports that two passengers used to board an ill-fated Malaysia Airlines flight bound for China, but no country checked the police agency's vast database on stolen documents beforehand, it said Sunday. Interpol said it hopes authorities will "learn from the tragedy."

It's not known whether stolen passports had anything to do with Saturday's disappearance of the Boeing 777 bound from Kuala Lumpur, Malaysia, to Beijing with 239 people on board. But such oversights aren't new. Last year, passengers boarded planes over a billion times without their passports being checked against Interpol's database of 40 million stolen or lost travel documents, said the organization.

Interpol just last month said that "only a handful of countries" regularly use its stolen or lost documents database. It's a database of records from 167 countries. The database was searched 800 million times last year — but one in eight searches was conducted by United Arab Emirates alone. The thefts of the passports used were in the database. THE ASSOCIATED PRESS

Mystery of flight MH370

Vietnamese authorities searching waters for the missing Boeing 777 jetliner spotted an object Sunday that they suspected was one of the plane's doors as international intelligence agencies joined the investigation into two passengers who boarded with stolen passports.

- The jet lost contact with controllers between Malaysia and Vietnam.

United Arab Emirates

Brotherhood classified a terrorist group

The United Arab Emirates has thrown its support behind neighbouring Saudi Arabia's decision to label the Muslim Brotherhood a terrorist organization, increasing Gulf Arab pressure on the Islamist group. Saudi Arabia listed the 86-year-old Brotherhood along with several other groups, including al-Qaida affiliates, as terrorist organizations on Friday. THE ASSOCIATED PRESS

Iceland's PM

Russia's action a problem for Arctic nations

Russia's actions in Ukraine could cause problems for international co-operation in the Arctic, says Iceland's prime minister.

Sigmundur Gunnlaugsson said Russia's tactics in its former satellite could make it harder for the eight nations on the Arctic Council to reach agreements when the region faces critical issues. THE ASSOCIATED PRESS

Reunification

Separatist vote in Crimea set for March 16

Russian President Vladimir Putin on Sunday defended the separatist drive in the disputed Crimean Peninsula as keeping with international law, but Ukraine's prime minister vowed not to relinquish "a single centimetre" of his country's territory. A vote in favour of reunification with Moscow has been scheduled in the local parliament. THE ASSOCIATED PRESS

Robin Cyr visits with her newborn baby girl in the neonatal ICU at the IWK Health Centre in Halifax. JEFF HARPER/METRO

You could call her a miracle

Halifax. Newborn starts breathing again after being declared legally dead

RUTH DAVENPORT
Metro in Halifax

Robin Cyr's fourth child already packed a lifetime's worth of emotional turmoil into her first 28 minutes in the world.

Cyr, 34, was told her baby girl died just after being born in the IWK Health Centre in Halifax around 3 a.m. Saturday.

But shortly after getting the devastating news, a stuttering, breathless nurse rushed back into the room to say the baby had started breathing again.

The big baby girl, who weighed nine pounds 14 ounces, got wedged in the birth canal during the delivery. Once she was born, Cyr lay on the bed waiting for 25 minutes for any signs of life.

"My aunt looked at me and said, 'Your baby girl's gone,'" she said, adding the baby's body was taken out of the room after being declared dead. "Another nurse came over, two minutes later … she couldn't talk. She was speechless, and another nurse came over and said, 'Your baby's breathing.'"

A flummoxed surgeon told Cyr's family that he had no explanation for the seemingly impossible recovery. The baby is now breathing on her own in the neonatal ICU.

Cyr had a name picked out for the baby, but said that will likely have to change.

"Everybody just keeps saying 'miracle, miracle,'" she said.

A review is underway to determine what, if any, explanation there may be for the baby's apparent resurrection.

New York City

Protest against proposed draft

Thousands of ultra-Orthodox Jews filled the streets in lower Manhattan on Sunday to protest Israel's proposal to draft strictly religious citizens into its army.

The gathering took up a stretch of 10 blocks, with dark-clothed demonstrators standing behind police barricades amid tight security.

A week ago, hundreds of thousands of ultra-Orthodox Jews rallied in the streets of Jerusalem in a massive show of force against plans to require them to serve in the Israeli military. THE ASSOCIATED PRESS

Interception. Israel says ship had 40 rockets, blames Iran for plot

Israel's military said Sunday that a cargo ship it intercepted in the Red Sea last week carried 40 rockets with a range of up to 160 kilometres.

Israel has alleged the shipment was orchestrated by Iran and was intended for Islamic militants in Gaza, a claim denied by Iran and the rockets' purported recipients.

An Egyptian security official said Sunday the rockets also might have been intended for militants in Egypt's Sinai Peninsula, which borders Gaza. The official spoke on condition of anonymity because he was not allowed to brief reporters.

An Israeli soldier covers boxes from a shipment that the military intercepted last week.
ARIEL SCHALIT/THE ASSOCIATED PRESS

Neither Israel nor Egypt provided evidence for their claims. THE ASSOCIATED PRESS

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tico.ca

Sexism. WestJet writes its own love note to women

WestJet wrote their own note supporting female pilots. YOUTUBE.COM

There's plenty of room for women in the cockpit, the air-traffic control centre, even on the airport tarmac.

That's the message behind a new video produced by Calgary-based WestJet that aims to fuel positive discussion in the wake of a sexist note written by a passenger targeting one of the airline's experienced female pilots.

While aboard a Calgary to Victoria flight, "David" wrote that the cockpit of an airplane is "no place for a woman," and asked the airline to inform him next time a female pilot was at the helm so he could book another flight.

But the pilot who claimed she was targeted by the note, 17-year aviation veteran Carey Steacy, fired back on Facebook.

WestJet was quick to condemn the passenger's remarks and later created a video showcasing women in various roles of the aviation world — Steacy herself even makes a cameo.

WestJet spokesperson Robert Palmer said the video aims to turn the discussion away from the sexist note to "something more positive."

"The message is that not only do women belong, we need more of them in aviation and here are some of the roles women are currently performing."

JEREMY NOLAIS/METRO IN CALGARY

Bank of Mom and Dad must bone up on RESPs

Sending your kid to lectures like this isn't cheap. THE ASSOCIATED PRESS FILE

HOW TO ROLL
Alison Griffiths
metronews.ca

Rachel Canning, an 18-year-old from New Jersey, has just lost the first round in a lawsuit against her parents over financial and educational support after they booted her from the family home, citing her bad behaviour.

But imagine if the disgruntled teen had sued them because poor investing decisions robbed her of the opportunity to attend university.

It seems ridiculous. On the other hand ...

An RESP (registered education savings plan) isn't a child's right. But once parents start one it behooves them to pay attention. Many kids contribute to their own RESPs with summer or part-time earnings, giving them an even bigger stake in the outcome.

An annual deposit of $2,500 will attract the maximum Canada Education Savings Grant of $500 yearly. Even if the money earns no interest, it will amount to $57,000 after 18 years.

A modest, annually compounded return of three per cent would boost the bottom line to over $76,000. That's a nice chunk of change.

Now suppose parents buy some really stinky investments and the education fund is eviscerated. Should they be held responsible?

Or what if parents put all the money into the stock market without the safety of cash or bonds? If it's early 2008, their offspring stand to lose 40 to 50 per cent of their education money in the September crash.

It would be interesting to see what a court would say if a child were to sue parents for financial neglect in either situation.

It might never happen, but the point is, you can't just contribute to an RESP and ignore it.

Long time coming

Harper heads to South Korea to talk free trade

Prime Minister Stephen Harper departed Sunday for South Korea, where he is widely expected to complete another long round of free-trade negotiations that his critics are denouncing as secretive and potentially bad for Canadian workers.

The deal would mark progress toward expanding trade with Asia, a top priority of the Harper government. THE CANADIAN PRESS

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FORD GAVE TCHC ... MAGNETS

URBAN COMPASS

Matt Elliott
toronto@metronews.ca

It sounds nerdy, I know, but I spent some time last week fact-checking the list of accomplishments posted on Mayor Rob Ford's newly-launched campaign website. At this point it shouldn't really surprise anyone that a lot of the items on the list were untruthful. Some of them were even based on things that the mayor voted against.

But, hey, we already knew that the mayor and true facts aren't really the best of friends.

Still, one of the listed items really stuck out and deserves some follow-up. Of Toronto Community Housing Corporation, Ford's accomplishments page says this: "renewed public faith in TCHC."

That's a mighty big claim, and not one that can be easily justified. Sure, a few months into Ford's term, Toronto's auditor general uncovered some improprieties with expense policies and procurement practices at TCHC. Ford's website claims he initiated the investigations, but that's a stretch — the auditor's work began in 2010. But Ford did spring into action, leading council to fire the agency's board of directors and get the CEO to resign.

But here's the thing: that was three years ago.

Since then, there hasn't seemed to be very many reasons to keep the faith in TCHC. The unfunded bill for capital maintenance has grown from $612-million in 2010 to $751-million today. Meanwhile, the waiting list for social housing in Toronto has grown by more than 10,000.

And scandalous headlines still follow TCHC, even with a new board. Last year, the city ombudsman reported that the agency was wrongly evicting senior citizens. More recently, the board decided to give new CEO Gene Jones an executive coach after they concluded he hadn't exercised "proper management oversight."

Feeling the faith yet?

Ford's response to all this has been mostly limited to just two things. First, he championed the sale of hundreds of TCHC homes, a good way to find some quick cash for repairs but kind of a questionable tactic if the goal is to increase the number of affordable housing units.

Ford's other tactic is the one you've seen on TV. He goes to TCHC buildings and does door-to-door spot checks. He hands out a ridiculous number of Ford-branded magnets. A useful thing if a TCHC tenant's biggest problem is an undecorated fridge door, but probably not something that'll improve living situations across the city

Magnets aside, TCHC faces serious problems and Ford hasn't done much to seriously address them. What Toronto needs is a leader who can both find the funding to address the state-of-good-repair backlog and look at the structural issues that have hobbled TCHC since it was formed in 2002.

In other words, what TCHC needs is someone with an actual plan. That, at least, I could put some faith in.

Read more of Matt's blog, Ford for Toronto, at metronews.ca

ZOOM

Injured in Afghanistan, scoring in Russia

JUSTIN SETTERFIELD/GETTY IMAGES

Canadian Forces veteran scores

Canada's Dominic Larocque celebrates scoring during an ice sledge hockey game between Canada and Norway on Sunday at the Paralympic Games in Sochi, Russia. Larocque was an accomplished athlete growing up — even playing junior-A hockey for a time — before joining the Canadian military's famed Van Doo regiment in 2005. THE CANADIAN PRESS

Reminded of fateful day every morning

Larocque has no memory of the moment that changed his life forever.

While serving with the Canadian Forces in Afghanistan, an armoured vehicle carrying the young corporal drove over an improvised explosive device. The devastating blast on Nov. 27, 2007, shattered Larocque's left leg and required an amputation above the knee.

Although he has no recollection of that fateful day, he's still reminded of it each morning.

"Every time when I wake up I think about that," said Larocque, now 26. "I have no choice." His main focus upon returning from Afghanistan was getting back in shape, but he saw an even brighter future after watching Canada's sledge hockey team in action.

THE CANADIAN PRESS

Sledge hockey

4-0

A big body that likes to do the dirty work, Larocque has already shown some scoring touch at these Games, recording two goals in Canada's 10-1 victory over Sweden in Saturday's opener.

Larocque was at it again on Sunday, scoring the game's first goal in Canada's 4-0 victory over Norway.

Canada has an off-day on Monday before taking on the Czech Republic on Tuesday.

WE ACT:
CANADA DOES GOOD

Poetry behind bars

CONTRIBUTED

Canadians across the nation are up to a whole lot of good. Here's one we'd like you to meet.

Who: Nancy Van Styvendale, community-builder and educator

What: Inspired Minds, an all-nations creative writing program at the Saskatoon Correctional Centre

Why: "To build bridges and connect people across differences."

Poetry can't break bars, but Dr. Nancy Van Styvendale, an assistant professor at the University of Saskatchewan, argues that it does break down barriers. In 2011, with the support of Diann Block, the First Nations and Métis co-ordinator at the Saskatoon Correctional Centre, Van Styvendale volunteered to co-ordinate and teach creative writing and literature classes to small groups of inmates. These eight-week, volunteer-driven courses provide participants with a certificate of completion from the University of Saskatchewan.

What has been the most rewarding part of your involvement?

Within the larger context of the jail, there's the need to protect yourself and not let people in. What I love about the program is that it creates a safe space where the men feel relatively confident sharing very personal things about their lives and struggles. And the other members of the class respect that and encourage their fellow classmates.

How has the program affected the participants personally?

Some of the men have experienced racism and were disenfranchised at school. So to provide an educational space that is positive, that makes people feel good about learning is super important. A lot of the men are interested in the certificate of completion because they can use it when they are going on a job interview. It's a big deal for someone who doesn't have educational credentials.

CRAIG AND MARC KIELBURGER

WE WANT TO HEAR FROM YOU:
Send us your comments: torontoletters@metronews.ca

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Juicy J's hustle continues

Never Sober. Busy rapper kicking it on tour, working on next album as collaborations climb Billboard chart

EMILY LAURENCE
Metro World News

Juicy J: "I hustled all the way to the top and I'm partying my ass off right now. But I work hard too." MUSASHI ONO

If there's anyone who deserves to do a little partying, it's Juicy J. His collaboration with Katy Perry, Dark Horse, is everywhere, including the top of the Billboard Hot 100 chart, and his new single, Talkin' Bout, with Chris Brown and Wiz Khalifa, is quickly creeping up too. We talk with the rapper about getting tipsy (count the number of times he says Ciroc) on his Never Sober tour.

Right now, you're in the studio working on your next album, The Hustle Continues. What can people expect?
It's about going from the 'hood to where I am now. I've been in the music game for over 20 years and won an Academy Award (in 2006 for It's Hard Out Here for a Pimp from Hustle & Flow). I still live a party and kicking-it life. I'm having a lot of fun right now, but I'm still working too.

Dark Horse is obviously killing it right now. What was it like working with Katy Perry?
Katy Perry is a genius. She works hard just like me. Katy is in the studio every day and working with her was great. There were no problems at all.

How did that collaboration compare with working with Miley Cyrus on 23?
Both of them work really hard. Miley's a genius too. She has a great voice. They're both very professional women.

After 23 came out, there were all these rumours that Miley was pregnant with your baby.
That was just funny. People are always going to spread rumours online that aren't true. Miley's like my little sister, man!

This is the Never Sober tour. What's your signature drink?
Right now, we have lots of Ciroc Vodka on the bus and some Hennessy and a couple bottles of champagne. If someone's coming to a Juicy J show, they would definitely drink some Ciroc. But don't drive. Let somebody drop you off or catch a limousine or something. You can drink some Ciroc or down some gin and then have somebody drop you off. Or you can take Uber. I tried it and it's great.

If your life was a video game, what would it be like?
It would definitely be a hustle. You'd have to hustle your way to the top and then you party your ass off. That's what I did. I hustled all the way to the top and I'm partying my ass off right now. But I work hard too. We might be drinking some Ciroc on the tour bus, but I have a studio set up in there. I'm actually about to go make some beats right now.

You collaborated with Chris Brown and Wiz Khalifa for your new single, Talkin' Bout. What are they like to hang out with?
We're super cool. They're great guys. When we hang out, we just like kicking it, popping bottles and enjoying life.

What would people be surprised to learn about you?
I manage myself. I'm very hands-on and am in all the meetings, on all the emails and do my own taxes. I have people who work for me, but I'm the head guy in charge and I run the show. I've been doing it my whole life.

When I was 13 years old, my mama was a librarian and I told her to check me out all the music books. I read 10 or 15 books because I wanted to know everything about the music business. A lot of artists just want to make music, get groupies and spend all the money, but that isn't what you're supposed to do. It's called the music business and it's a business at the end of the day.

Top Chef Canada a pressure cooker

Top Chef Canada is heating up as a battle of the sexes.

Season 4, which launches Monday on Food Network Canada, features an even number of female and male chefs battling it out for the first time in the show's history.

The silent treatment is the order of the day in the first episode in which the chefs, who have never met, are paired up to create a dish together, without speaking. The winners gain immunity in the next challenge, in which a men's team faces a women's team over a five-course meal.

In signing on to do the show and vie for $100,000 and other prizes, the 14 chefs, who hail from across the country, are sequestered in what head judge chef Mark McEwan calls "chef prison." He said it was startling to see what being in that pressure cooker will do to people.

"I think we saw things this year that we never saw before: behaviours and emotion and people really hitting the wall in a hard way. It was a tough season," McEwan said in a phone interview.

"We sort of looked at each other a number of times and said, 'Did that actually just happen? That actually happened.' We were very surprised by a number of things this season."

THE CANADIAN PRESS

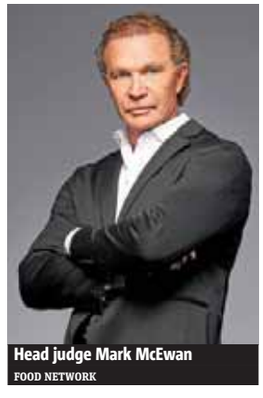
Cooked up charges

"They're in chef prison for seven weeks."

Head judge Mark McEwan describes the intense pressure on the contestants.

Season 4

Top Chef Canada airs Mondays at 9 p.m. ET/10 p.m. PT on Food Network Canada.



Head judge Mark McEwan
FOOD NETWORK

Canadian Screen Awards

Orphan Black and Call Me Fitz multi-award winners

The Nova Scotia-shot comedy series Call Me Fitz, about a morally bankrupt used-car salesman, was among the big winners at Sunday night's Canadian Screen Awards, taking home three awards during the TV broadcast.

Show star Jason Priestley won for best actor in a comedy series, while co-star Tracy Dawson won for best actress. The series also took home honours for best comedy series.

Space's sci-fi series Orphan Black received two wins, with show star Tatiana Maslany winning best actress in a dramatic role. Last year Maslany, a Regina native, was also nominated for a Golden Globe for her work on the series. Orphan Black also won for best dramatic series.

Orphan Black entered last night's Canadian Screen Awards having already won a leading eight trophies. The serial took the lead among television nominees at an industry gala where awards were bestowed on supporting actor Jordan Gavaris, supporting actress Maria Doyle Kennedy and guest performer Natalie Lisinska.

Among the other TV winners last night were Hugh Dillon for best dramatic actor in Flashpoint, Lisa LaFlamme for best news anchor, and Rick Roberts and Sook-Yin Lee for their performances as Jack Layton and Olivia Chow in the miniseries Jack.

Canadian Screen Awards were also handed out Sunday night for films, with Denis Villeneuve's Enemy wining five honours, including editing, original score and cinematography. Villeneuve was awarded best director for his work on the film, while Sarah Gadon won a supporting actress honour for her role.

Best motion picture went to Gabrielle, the French-language film about a young woman with Williams syndrome who falls in love after joining a choir of developmentally disabled adults. Gabrielle Marion-Rivard won the best actress award for her performance.

METRO, WITH FILES FROM THE CANADIAN PRESS

For a full list of Canadian Screen Award winners, visit metronews.ca.

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Zebras don't throw their friends under a bus, they throw them under a lion. Daily Planet's Dan Risken tears apart misconceptions about how benevolent and harmonious a natural lifestyle can be with this fascinating tour of animal politics, sexual savagery and brutal betrayal. Keeping things light, he uses the e-book's interactive footnotes to link in cool facts as witty asides.

Prepare to explore Wild Canada

The Nature of Things. New doc series went to great lengths to capture the country at its most beautiful

The Wild Canada series used a 10,000-frames-per-second camera to get close-ups such as this one of a grizzly bear. WILD CANADA

Two Vancouver filmmakers behind BBC's Planet Earth have brought their focus home for Wild Canada, an upcoming documentary series that captures the rugged beauty of the country. Humpback whales, ice-capped mountainscapes and British Columbia's white-cloaked spirit bears will all appear in the series, set to premiere on CBC's The Nature of Things on March 13.

More than 500 hours of footage from Newfoundland to the Arctic Circle were distilled into four episodes of sweeping panoramas and close-ups. In one scene, a grizzly bear shakes off silvery droplets of snow, all of which can be seen in extreme detail thanks to the 10,000-frames-per-second camera used.

"I think we are really going to fill Canadians with wonderment at the beauty, diversity and majesty that the Canadian landscape has to offer," said Mark Starowicz, CBC's executive director of documentary programming.

Wild Canada is the handiwork of adventure filmmakers Jeff and Sue Turner, who produced and directed the film. The couple is renowned for nature documentaries, having shot film for BBC's Planet Earth and Frozen Planet series. "The scope of the project was the biggest thing we have ever done," said Jeff Turner.

RED Epic cameras — the same equipment used to film The Hobbit — allowed the crew to shoot the series in extremely high definition. For remote locations, drone helicopters equipped with tiny cameras were manoeuvred from the sky. "Those cameras are all about capturing nature at its most beautiful, like it actually is. We were able to show it in a more realistic way," Turner said. The crew of about 20 traversed Canada during the two-year filming period. Turner said that one of the highlights was shooting the never-before-filmed landscape of northeastern Ellesmere Island. To get there, they piggybacked on a vessel with government scientists.

"We wanted to try to show the remote Canadian Arctic as it might have existed thousands of years ago. That's one corner of the world where you can still see that," he said.

The imagery will be split into four episodes, each zeroing in on one region: the East and West Coasts, the Prairies and the North. David Suzuki narrates the story, which explores how humankind has changed the face of Canada's landscape since the end of the ice age.

TORSTAR NEWS SERVICE

Raising a personal bar

"The scope of the project was the biggest thing we have ever done."

Jeff Turner, adventure filmmaker

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop goes the week

Hats a lot of loot for Pharrell's Grammy head gear

STARGAZING
Malene Arpe
scene@metronews.ca

Arby's bought Pharrell's Grammy hat in a charity auction for $44,100 US. Wendy's is still trying to buy Julianne Moore's hair.

Olympic ice dancing gold medal winners Meryl Davis and Charlie White will be competing on Dancing with the Stars. That's really too bad for you, Canadian contestant Sean Avery.

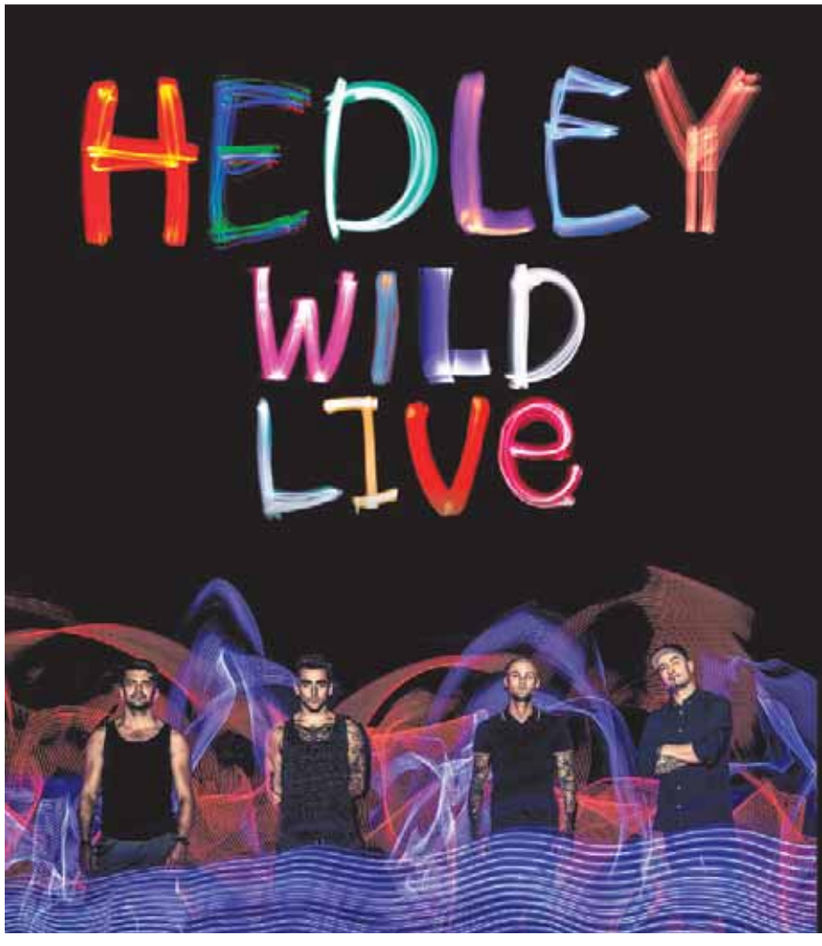
This week in wooing:

1) Robin Thicke is waging a public campaign to win back wife Paula Patton by singing songs about her. 2) Justin Bieber is Instagramming pictures of ex Selena Gomez with the caption "most elegant princess in the world." 3) John Travolta is still trying to get Adele Dazeem to call him.

A tattoo artist who visited Charlie Sheen's hotel room over Christmas says that a Vicodin-popping Charlie punched a hole in the wall, signed his name under the hole and then took off his shorts and set them on fire before offering the visitor $10,000 US for a kiss. "See," says Justin Bieber to his team, "we still have a really long way to go until we are where we want to be."

Katie Holmes has closed her five-year-old fashion line. There was no reason for her to pretend she has to leave the house to make clothes now that she can come and go as she wants.

Bobby Brown says he didn't know his daughter Bobbi Kristina got married. In his defence, he also doesn't know where he lives, what his favourite food is or if he still has a prerogative.



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LIFE 3

Magic jars ease money jam

Control. Putting a lid on variable expenses is a simple yet effective way to manage money

GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

Money jars provide a clear view of how to live within your means. ISTOCK

One of the biggest surprises to come out of Til Debt Do Us Part was the number of people who put themselves on The Magic Jars as a way of managing their money. Determined to do something differently, they saw the jars as a way of taking control of their money. Some people, however, seem to have difficulty figuring out where the money for the jars comes from. It's as if they think this is extra money, not money they would have been spending all along.

The money that goes into the jars is the money that you would have been spending on things like gas, food, clothes, entertainment and medical costs — all your variable expenses. It's not extra money.

While the jars make the whole money management thing very concrete, the place to start changing your money management is not with the jars. It's with a balanced budget. You can't actually make the jars work for you if you don't start by making a budget that balances.

Head of over to my website at gailvazoxlade.com and find the Interactive Budget and the instructions, Gail's Guide to Building a Budget. Follow the instructions and make a budget that balances. You can't have a negative number at the bottom. The budget has to balance.

If you can't make it balance, either your expenses are too high or your income is too low. Start by cutting out everything that isn't essential to keeping body and soul together.

Cable, cell phone and telephone bills are one place to look. Turn down your thermostat and put on a sweater to save on heating costs. Get rid of a car you simply can't afford to keep. If that's not enough, then you're going to have to find a way to make more money.

OK, now we come to the jars. The Interactive Budget Worksheet will tell you how much should be going into each of the jars. This money is your variable spending. Assuming you've balanced your budget, you now know how much to pull from your bank account each week for the jars. If you're deeply in debt and must commit a significant portion of your income to debt repayment, some jars, like "clothing and gifts" may remain empty until you're back in the black.

All the rest of your money stays in your bank account to be used to pay your bills. Your mortgage or rent is a fixed expense. Ditto your car payment, insurance, childcare.

Two more things: First, if you can't figure out how much you should be putting toward debt repayment, use the Own Up to Your Debt Worksheet on the website as a quick way to determine how much should be going toward your debt repayment. If your hole is deep, you may have to allocate 30, 35 or 40 per cent of your income to debt repayment; whatever it takes to get you out of the red within three years or less. If it looks like it's going to take longer, or your debt repayments are throwing your budget off kilter, you only option will be to make more money.

Second, you can't sacrifice savings in the name of paying your debt off faster. Sorry, that's cheating. You have to set aside a little sumthin' sumthin' each month for emergency and retirement savings so that you're working with a balanced plan.

I know there are those who believe you should pay off all your debt before you start to save. I don't agree. If you don't start the habit of long-term savings today, you may not ever start. Ever heard of inertia? That's the thing that keeps a body that's at rest, at rest until something acts upon it. It also keeps a body in motion, in motion. If you aren't saving today, you're a body at rest.

Lots of people all over the world are using the jars. I'm really surprised that such a simple and really old idea has caught on in such a big way. Perhaps it's because the jars really work. I haven't given them to a single family that hasn't had money left in the jars at the end of my time with them, despite my having dramatically cut their budgets.

Determination is a big part of success. If you're at all wishy-washy about what it'll take to get you out of debt and live within your means, if you just can't work up the guts to do things differently, it won't be the jars that failed.

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Tax Talk

Need Advice?
Caroline Battista
Tax Analyst at H&R Block

H&R BLOCK

U.S. Citizens Need To File With The IRS And Employment Expenses Are Probably Not A Tax Break

Q I use my phone for work? Can I claim a portion of my bills?

A Probably not. It usually has to be part of your employment contract before you can claim it. And your employer has to give you a signed T2200 Form in order to claim employment expenses like cell phones. But if you have a T4, you should be able to claim the Canada Employment Amount, which is about $168 in tax savings. This credit was meant to help with some of the costs of having a job, like parking, dry cleaning and cell phones.

Q I was born in the U.S. but my parents moved to Canada when I was 5. Do I have to file a U.S. return?

A It depends on your income but the answer is probably yes. Unless you formally renounce your U.S. citizenship, the IRS expects U.S. citizens to file a tax return if you earn over a certain amount. Don't worry, the U.S. Canada Tax Treaty means you won't pay double the tax, but you need to file a return. And if you have assets of more than $10,000 at any point during the year, you need to file a Financial Bank Account Report with the Treasury Department by June 30 or face penalties.

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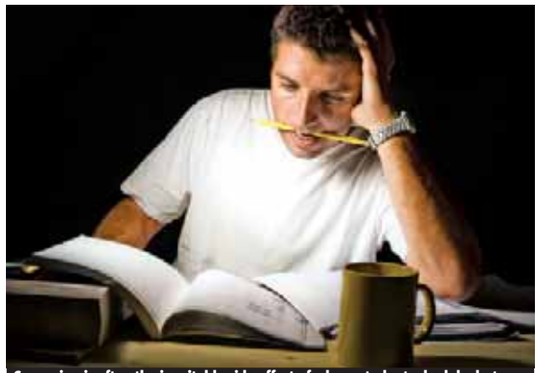
Need-to-knows for future scholars

They don't teach you this in school. Get started on planning your post-secondary path with a little pre-campus advice

LASSE EMIL KRISTIANSEN
Metro World News

There's so much to figure out once you've got your foot in the post-secondary door. We talk to Blair Thornburgh, author of Stuff Every College Student Should Know, a survival guide that includes her best tips on getting through university without using all your money on textbooks, how to pull an all-nighter, and more.



Cramming is often the inevitable side effect of a busy student schedule, but you can break the cycle of sleepiness by breaking up the study session. ISTOCK

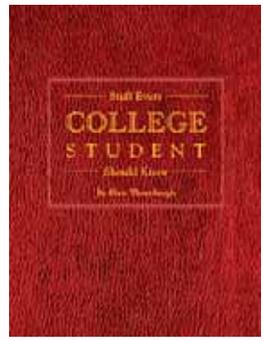
Taking notes

"Pay attention to anything that's written on the board. The teacher is not going to put something on the board that doesn't matter. It's also important to write down any questions that might come up in a discussion.

"It could be something you will think about when you're reading. Write down all dates and formulas. These things are easy to forget, so put them on paper so you have a record of it."

The almighty all-nighter

"It's tempting to think that you can drink six Red Bulls, and then write your paper, but that



will probably just give you a heart attack. Keep a monitor on your caffeine and drink water instead.

"It helps you stay awake better, because you're hydrated and when you have to go to the bathroom all the time you will not fall asleep. I also find it helpful to breaking the time down. It can be terrifying to think about writing 12 pages in six hours. You should just think about working 45 minutes straight and then write a page and a half in that time. If you break it down into smaller chunks you'll feel like it's more manageable."

Money saver

"Don't buy the books new from the campus bookstore. They're just going to rip you off. The books can be pretty easy to find online if you have the ISBN.

"Make sure you look around also on foreign sites. Then you can also sell the books when you're done with them. If it's a big textbook you're doing for a huge class and you have a study group you can split the book. You can also make an arrangement with someone you know is going to take the class next semester."

Getting along

"So much of college is social and a lot of people need to get away from that sometimes. And if you don't feel like you can go to your room, it's going to be very stressful.

"It's a good idea not to assume that you're going to be your roommates' best friend. A lot of people think that because you really want to make friends. Even if you live with someone who was your friend before that you might not get along. It's really important to talk, so you don't build up a weird resentment. Then you're more likely to explode.

"Plan out what you want to say before you bring out an issue. That will make it easier. If it's really bad, you should get help from your residential staff because that's why these people are here."

Chalk it up to this...

"The teacher is not going to put something on the board that doesn't matter."

Blair Thornburgh
Author of Stuff Every College Student Should Know

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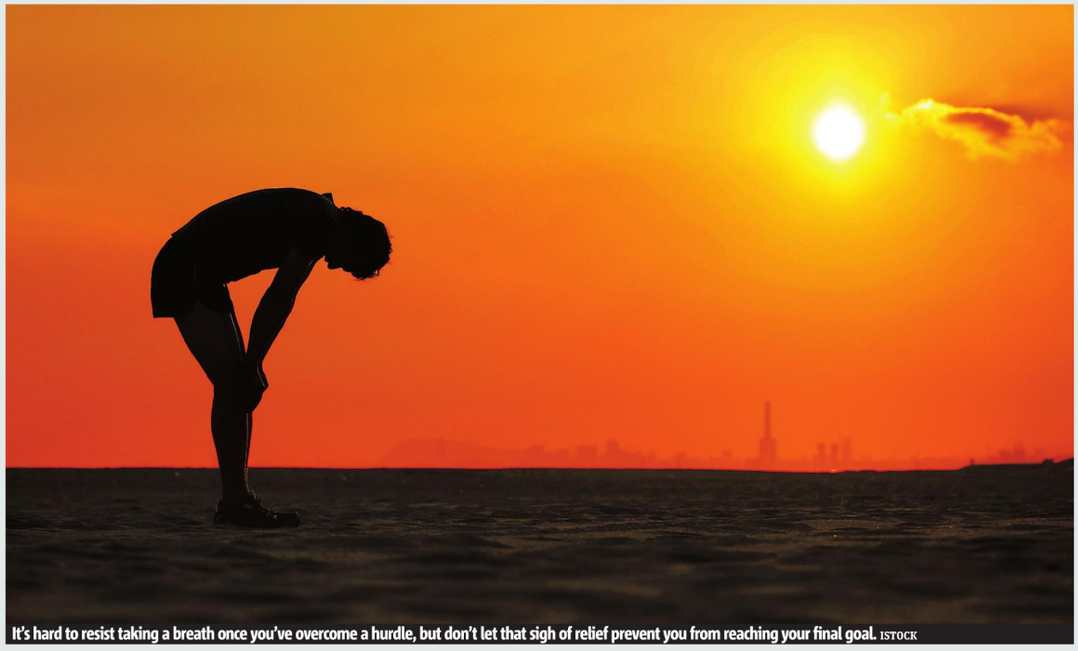
'Round the world wisdom

Don't be fooled by where your finish line falls

The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10 and the Sahara Race in Egypt in '11. In this post, I share a lesson about life, learned from the desert.

LESSONS FROM THE DESERT
Stéfan Danis
life@metronews.ca



It's hard to resist taking a breath once you've overcome a hurdle, but don't let that sigh of relief prevent you from reaching your final goal. ISTOCK

I woke up on the last day of my six-day Gobi desert race having completed six marathons in five days and facing a measly 10-kilometre race to the finish. How hard could that be? "Done," I thought.

With this conclusion, having run a tough long race perfectly, I decided it was time to relax and celebrate. Nearby our camp was a beautiful meandering river and I couldn't resist its siren call. I decided to go clean my gear, and before I knew it, I jumped in too: it had been five days of collecting dust and not having washed. As extreme distance runners usually tape up various body parts to reduce chafing and blistering, and I then de-taped my mummified shoulders, back, chest, and feet. Free at last! It was heaven.

It was as if the universe had heard me and concurred: I had checked out emotionally and, 30 minutes later, so did my body. I imploded. My nose started to bleed, my toes got infected, my body started to shut down and only an aggressive cocktail of antibiotics allowed me to make it to the start line. After running hard for 240 km, I painfully walked the final 10 km, pulled by another racer for most of it. I finished almost last and lost precious positions in the overall rankings.

In the desert as in life, I have witnessed that smelling a finish line is an euphoric experience which can often be mistaken with actually crossing the finish line.

STÉFAN DANIS IS THE CEO OF NEXCAREER AND MANDRAKE, AND THE AUTHOR OF GOBI RUNNER

Feet, don't fail me now

"It was as if the universe had heard me and concurred: I had checked out emotionally and, 30 minutes later, so did my body. I imploded."

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Not a dry eye in the house when this meat loaf performs

ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

Meatloaf has always been a classic family favourite. It's about time we add some pizzazz to this traditional dish.

Using ground chicken or turkey is a leaner way to go. Four ounces of ground chicken have only 108 calories and one gram of fat compared to regular ground beef, with its 310 calories and 20 grams of fat!

I take the ground chicken mixture and layer it, using roasted red peppers, sun-dried tomatoes and Monterey Jack cheese. This not only adds flavour but is also beautiful when sliced.

For a variation, you can try making mini meat loaves by using either a muffin cup mould or mini loaf pan. Divide mixture into 12 servings.

The key to cooking poultry is to be sure it's always baked thoroughly, reaching an internal temperature of 165 F. I like to use the digital instant thermometer probe. Just preset it to 165 F and insert into the middle of the loaf until temperature is met.

You can buy roasted red bell peppers in water packed in a jar or roast a small red pepper cut into quarters in a 425-F oven for 15 minutes or just until the skin blisters. Remove the skin and chop.

Nutritional information

Per serving

- 280 calories; 13 g carbohydrates; 1.8 g fibre; 22 g protein; 14.3 g total fat; 4.9 g saturated fat; 130 mg cholesterol; 420 mg sodium

Directions

1. Preheat the oven to 425 F.

2. In a bowl, combine the ground chicken, bread crumbs, garlic, egg, onion, ketchup, dried basil and salt and pepper until well mixed.

3. Pat half the chicken mixture into the prepared loaf pan. Sprinkle with the green onions, red pepper and sun-dried tomatoes.

4. Mix the Monterey Jack and Parmesan cheeses and add all but 2 tbsp of the cheese mixture to the loaf. Pat the remaining chicken mixture over the filling

.

5. Bake for 20 minutes or until the interior temperature reaches 165 F. Sprinkle with the remaining cheese and bake for 2 minutes or until the cheese melts. **THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN**

FLASH FOOD

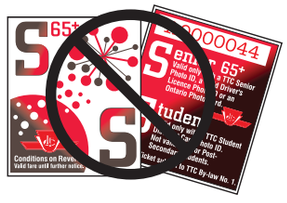
From your fridge to your table in 30 minutes or less

Ingredients

- 1 1/2 lb ground chicken
- 1/2 cup seasoned dry bread crumbs
- 1 1/2 tsp finely chopped garlic
- 1 large egg
- 1/4 cup finely chopped yellow onion
- 1/4 cup ketchup
- 1/2 tsp dried basil
- Pinch of salt and pepper
- 1/3 cup finely diced green onions
- 2 oz roasted red pepper, chopped
- 1/4 cup diced rehydrated sun-dried tomatoes
- 1/2 cup shredded Monterey Jack cheese or white aged cheddar
- 2 tbsp grated Parmesan cheese

This recipe serves six. MIKE MCCOLL, FROM THE BEST OF ROSE REISMAN (WHITECAP BOOKS)

Effective March 1, 2014



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Quoth the Ravens, 'Nevermore'

Terry Thomas of the University of Ottawa Gee-Gees grabs a rebound in front of Carleton Raven Philip Scrubb during the Canadian Interuniversity Sport basketball championship game in Ottawa on Sunday. Tyson Hinz had 30 points, six rebounds and five assists as the Ravens won their fourth straight title with a 79-67 win. The Gee-Gees handed the Ravens their only loss of the season in the Ontario University Athletics final on March 1, but couldn't turn the trick twice. "It was pretty easy to get motivated after a loss," Hinz said. "I'm so happy for the guys. I'm happy we got the win." The Ravens have won 10 of the last 12 CIS championships.
JUSTIN TANG/THE CANADIAN PRESS

Lowry, Raptors chop down Timberwolves

Raptors John Salmons and Chuck Hayes converge on the Timberwolves' J.J. Barea on Sunday in Minneapolis. THE ASSOCIATED PRESS

NBA. Toronto point guard stuffs stats sheet for triple-double

Kyle Lowry had 20 points, 12 rebounds and 11 assists for his fourth career triple-double, lifting the Toronto Raptors to a 111-104 victory over the Minnesota Timberwolves on Sunday night.

DeMar DeRozan added 25 points and seven rebounds and Steve Novak hit five three-pointers for the surprising Raptors, who have won nine of their last 11 games to climb to third place in the Eastern Conference standings. Toronto shot 58.3 per cent (14-for-24) on three-pointers.

Kevin Love had 26 points, 11 rebounds and nine assists, and Nikola Pekovic added 17 points and 11 rebounds for the Timberwolves. Minnesota has started a crucial four-game homestand with two losses in three games, and the team's hopes of climbing from 10th in the West into the playoff picture are looking bleak.

The Raptors got some bad news early in the day when they learned Patrick Patterson, a key member of the bench during their post-Rudy Gay trade surge, would miss the next seven to 10 days with a sprained right elbow. But just as they have done over the last two months, the Raptors found someone else to step up. THE ASSOCIATED PRESS

On Sunday

Raptors	Timberwolves
111	104

NCAA basketball

GTA's Ejim and Wiggins lead best of the Big 12

Iowa State senior and Toronto native Melvin Ejim has been selected as the Big 12's player of the year by the league's coaches.

Ejim was second in the league with both his 18.2 points and 8.6 rebounds a game.

Kansas swingman Andrew Wiggins of Vaughan was voted the Big 12's top freshman and joins Ejim on the All-Big 12 first team. THE ASSOCIATED PRESS

FA Cup

Wigan repeats shocker over City

Second-tier Wigan pulled off a stunning victory over Manchester City for the second straight year in the FA Cup on Sunday, leaving one of the most unlikely semifinal lineups in the famous competition's recent history.

After its 2-1 win, Wigan will play Arsenal. The other semifinal will be between Hull and Sheffield United. THE ASSOCIATED PRESS

Not pulling any punches

"A couple things need to change if I come back.... Whoever wins, I don't care. I just watch it as a fan."

Georges St-Pierre, the former UFC welterweight champion who is on hiatus from fighting, gives a slight edge to Johny (Bigg Rigg) Hendricks over (Ruthless) Robbie Lawler in the championship match for the vacant title at UFC 171 on Saturday.

Defoe joins TFC with arms wide open

England striker Jermain Defoe has arrived in Canada and is slated to train with Toronto FC for the first time Monday.

The 31-year-old, who landed in Toronto on Saturday, missed all of the MLS team's pre-season due to commitments to Tottenham Hotspur and England.

Defoe was on the bench for England's friendly against Denmark last Wednesday at Wembley but did not get a chance to earn a 56th cap in the 1-0 win over Denmark.

The English forward will be welcomed by Toronto manager and former Spurs teammate Ryan Nelsen, who has seen his strike force hampered by injury.

Brazilian newcomer Gilberto has been slowed by a quadricep injury while Bright Dike is gone for the season after tendon surgery. That leaves Defoe, Andrew Wiedeman and Dwayne De Rosario as attacking options.

Nelsen said the participation of Defoe and Gilberto in Saturday's opener in Seattle will depend on how they look this week.

"I can only really give you proper answers when we've got them both back in training and we can really see where they're at," he said. THE CANADIAN PRESS

Strike zone

143

Jermain Defoe left the Spurs with 143 goals to his credit, behind only four players including the legendary Jimmy Greaves (266) at the top of the list. Defoe also leads all Spurs scorers with 23 goals in European competition.

Jermain Defoe celebrates one of the 143 goals he scored for Tottenham Hotspur. JULIAN FINNEY/GETTY IMAGES

Bronze medallists Mac Marcoux and his guide Robin Femy acknowledge the crowd after the men's visually impaired Super G final at Rosa Khutor Alpine Center on Sunday in Sochi. HANNAH PETERS/GETTY IMAGES

Skiers score 2 more medals

Sochi Paralympics. Success on slopes carries over to the rink, as the sledge hockey team moves to 2-0

Canada won two medals on the slopes and the sledge hockey team continued to roll Sunday at the Sochi Winter Paralympic Games.

Visually impaired skier Mac Marcoux of Sault Ste. Marie, Ont., and guide Robin Femy Mont-Tremblant, Que., won their second bronze medal in as many days, finishing third in the super-G. The pair finished with a time of one minute 20.77 seconds.

Teammate Caleb Brousseau of Terrace, B.C., took bronze in the super-G men's sitting division, winning his first career Paralympic medal. Brousseau put down a time of 1:22.05.

In sledge hockey, Adam Dixon scored twice and Dominic Larocque added a goal and an assist Sunday as Canada defeated Norway 4-0.

Anthony Gale and Kevin Rempel added two assists, while Corbin Watson had to make just six saves to get the shutout as Canada improved to 2-0.

Larocque scored on the power play 4:20 into the second period to snap a scoreless tie. It was his third of the tournament after picking up two goals in Canada's 10-1 victory over Sweden on Saturday.

Dixon, who had two goals and two assists against Sweden, then made it 2-0 with 4:26 to go in the second before making it 3-0 at 1:07 of the third.

Marc Dorion then scored his first of the tournament with 21.8 seconds left in the game to round out the scoring.

Dixon and Gale both have six points after two games.

Canada has an off-day on Monday before taking on the Czech Republic on Tuesday.

Norway, which defeated Canada in the bronze-medal game at the 2010 Vancouver Paralympics, will meet Sweden the same day.

THE CANADIAN PRESS

Other results

- Calgary skier Kurt Oatway was ninth in the men's sitting division, and Kirk Schornstein of Spruce Grove, Alta., was 13th in the men's standing category.
- Sitting skier Josh Dueck of Kimberley, B.C., and standing skiers Matt Hallat of Coquitlam, B.C., and Braydon Luscombe of Duncan, B.C., did not finish their runs.
- In para-Nordic skiing, Chris Klebl of Canmore, Alta., was the top Canadian, placing sixth in the men's 15-km sit-ski race.
- Saskatoon's Colette Bourgonje was the lone Canadian in the women's 12-kilometre sit ski race and finished 13th.
- In wheelchair curling, Canada defeated Sweden 7-4 and now sits 3-0 in round-robin play.

NHL

Former Leaf Stajan takes leave after death of son

Calgary Flames forward Matt Stajan has taken a personal leave from the team following the death of his newborn son.

The Flames said in a release that Emmerson Stajan died on Monday following childbirth.

"Our thoughts and prayers are with Katie and Matt at this difficult time," the Flames said in a statement. "We appreciate that everyone has and will continue to respect their privacy during this period."

The Flames said a private memorial service will be held in the coming days. THE CANADIAN PRESS

HNIC. By George! TSN reports Strombo in line to fill MacLean's shoes

George Stroumboulopoulos will reportedly be the next host of Hockey Night in Canada.

TSN's Bob McKenzie tweeted the host of CBC's George Stroumboulopoulos Tonight will become the face of the show when Rogers Communications Inc. takes control of Canada's NHL broadcasting rights next season.

McKenzie also reports the Coach's Corner segment will continue another two years.

Ron MacLean, who has hosted "Hockey Night in Canada" full time since 1987, will still be involved with a reduced role, McKenzie reported.

But he made no mention of commentator Don Cherry, who has popularized Coach's Corner since first appearing on it in 1980. The status of Cherry, 80, has been in doubt since November. THE CANADIAN PRESS

George Stroumboulopoulos
GETTY IMAGES FILE

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Horoscopes

♈ Aries
March 21 - April 20
The planets are encouraging you to break out of a rut and live closer to the edge for a while. Security is all well but an Aries needs excitement too, so do something out of the ordinary this week.

♉ Taurus
April 21 - May 21
Speak your mind today. If certain people don't like it that's just too bad — in fact it's a good sign. Jupiter in the communications area of your chart indicates your words will have the desired effect.

♊ Gemini
May 22 - June 21
Challenges keep coming, and you keep dealing with them in your own way. There are few things that faze you and what life chooses to throw at you over the next seven days, you will handle it with ease.

♋ Cancer
June 22 - July 23
You will be at your best this week. Jupiter in your sign makes all things possible and, more importantly, makes you believe all things are possible. If you possess self-belief, there is nothing you can't accomplish.

♌ Leo
July 24 - Aug. 23
Try not to commit yourself to anything that can't be changed at a moment's notice. The planets are unsettled, so be prepared to drop what you are working on and start something new and exciting.

♍ Virgo
Aug. 24 - Sept. 23
No matter what problems you face over the next few days, you'll be able to deal with them. Get them out of the way quicker by asking for help.

♎ Libra
Sept. 24 - Oct. 23
You will make an impression over the next seven days but will it be of the right sort? That depends on how well you get along with the people you work with and for. Be confident but not arrogant.

♏ Scorpio
Oct. 24 - Nov. 22
You won't have to work hard to get what you want this week. With both Sun and Jupiter on your side, others will happily provide you with whatever it is that is good for you.

♐ Sagittarius
Nov. 23 - Dec. 21
Doors that have been closed to you in the past will start to open over the next few days but for some reason you may decide not to walk through. Even if you cannot explain your reluctance, listen to what your inner voice tells you.

♑ Capricorn
Dec. 22 - Jan. 20
Don't get carried away with your success. The current cosmic picture makes most things possible for you but that does not mean you should try to do everything.

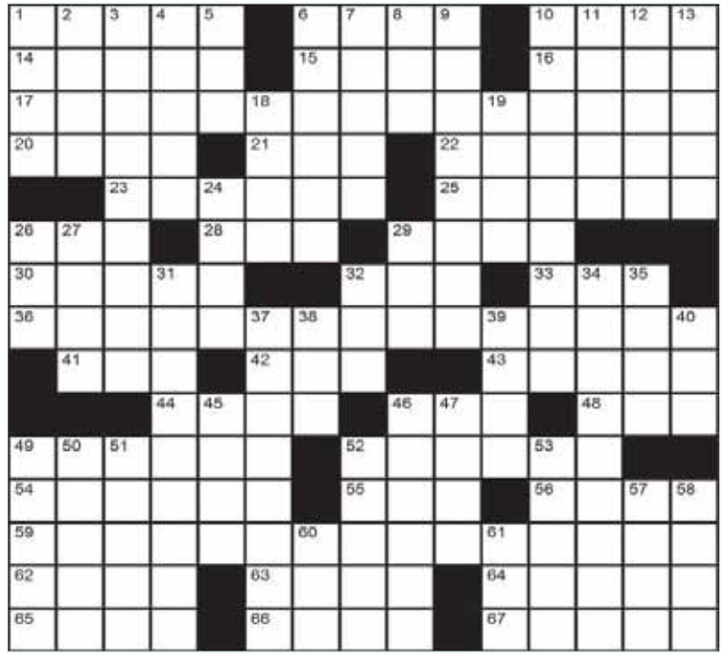
♒ Aquarius
Jan. 21 - Feb. 19
You may have to force yourself to be enthusiastic about what has to be done today but it will be worth the effort. By midweek, everyone will be patting you on the back.

♓ Pisces
Feb. 20 - March 20
Is what you are doing with your life what you want to be doing? If not, think about what changes you can make to bring your reality in line with your dreams. Jupiter makes all things possible. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

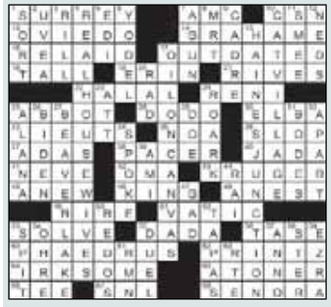
BY KELLY ANN BUCHANAN



Across
1. Kootenays village in British Columbia
6. Phone
10. Li'l Abner cartoonist Al
14. Consuming-food person
15. Amazon Rainforest berry
16. Ancient concert sites
17. Neurologist who, in 1992, became the first Canadian female astronaut in space: 3 wds.
20. Traverse
21. Baseball stat.
22. Tempt
23. Manitoba town north of Winnipeg
25. Poured
26. Scottish "Gee!"
28. Eggs-layer
29. Ms. Arden
30. Body
32. Tone-__ (Rap star)
33. Martian's maneuver-ee, minutely
36. Colgate containers: 2 wds.
41. Caustic solution
42. Free
43. "Oh My Darling, Clementine" part: "... excavating for _ ___..."
44. "__ Dead II" (1987)
46. Ad __ committee
48. ISP, e.g.
49. __ and onions (Frying pan partners)
52. Reality star Heidi
54. Highest orbital point
55. Mineral kind
56. Carrie Fisher's Princess
59. Great song by Canadian folk duo Ian & Sylvia: 3 wds.
62. Escape
63. Swiss river, variantly
64. Mr. Bruckner of classical music
65. Electronics company
66. Grandpa's portrayer on "The Waltons", Will __
67. Painting surface

Down
1. Shoe brand since 1916
2. 50+ org. in The States
3. Ontario municipality near London, __-Caradoc
4. Sierra's partner
5. Sphere
6. __-14 dating
7. Singin', Dancin' and what else?
8. One of the Teletubbies, when doubled
9. 'Mr. Showmanship' played by Michael Douglas
10. Canadian Sci-Fi show on Showcase
11. Contribute to the mix: 2 wds.
12. Tranquility
13. Did apple prep work
18. __ Stanley Gardner (Detective novelist)
19. __ upswing: 2 wds.
24. "I'm in trouble now!": 2 wds.
26. Senators, on scoreboards
27. Hip
29. Scribble
31. Metallic hue: 2 wds.
32. Psychedelic drug
34. "Open up! This is the..." sayers on TV: 2 wds.
35. Vintner's prefix
37. Store's info-for-purchasers item: 2 wds.
38. Feel awful
39. Diplomacy
40. Salt, in Paris
45. Contends
46. Little Jack __
47. Blood type, _ __.
49. Big fishing hooks
50. __ Anton Ohno
51. Cathedral city in northern France
52. MTM's second 'M'
53. Skirt style
57. Marriage ceremony exchanges: 2 wds.
58. "It should come __ __ surprise..."
60. "Norma __" (1979)
61. Dog's tail movement

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku

7	9	3	6	4	1	2	8	5
4	2	8	5	9	3	7	6	1
6	5	1	2	8	7	9	3	4
8	6	7	4	2	9	5	1	3
5	3	9	1	6	8	4	2	7
2	1	4	3	7	5	6	9	8
9	8	2	7	3	4	1	5	6
1	7	6	8	5	2	3	4	9
3	4	5	9	1	6	8	7	2

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